



## Chamber Speed Networking with a buffet Supper

Thursday 9<sup>th</sup> September, 2010 at 6.00pm  
The County Constitutional Club  
29 Ridgemont Road  
St Albans,  
Herts  
AL1 3AG



my **mustard**  
we get you seen on Google



## SPEED NETWORKING

The fastest and most cost-effective way to positively promote your business - and its fun!

**GET MORE BUSINESS FAST** - book now for Business Speed Networking hosted by June Cory of My Mustard. Speed-Networking works like speed dating - only you make lots of new business contacts, not romantic ones!

In fact, you'll make more business contacts in just one evening of Speed-Networking with us than in weeks of what we call ordinary "slow" business networking. It's remarkably cost-effective and gets you great results for your business.

Many people tend to gravitate towards those they may already know at networking events, never getting the opportunity to meet others who could be great business contacts. Come along to this event and meet every single delegate! Market your business effectively and enjoy a buffet supper and a glass of wine at this superb venue. Please book early as places are limited.

**£27.50 + VAT for members**  
**£30 (+VAT) for non-members.**

Non members welcome as guests

**BOOK NOW ONLINE**

<http://www.stalbans-chamber.co.uk/buy-online/events/>