



St Albans • Harpenden • London Colney

Networking Breakfast Meeting

Tuesday 15th September 2009

7.30am – 9.30am

The Quality Hotel

234 London Road

St Albans,

Herts AL1 1JQ



Are you Linked in? Do you know your Naymz? Are you Twittering? Can you tell your Flickr from your Facebook?

Can you afford to ignore these social networking sites? Come along and listen to the experts, Chamber members Sabra from **Cerco Communications** and Jason from **FL1 Group** to find out how to take advantage of these sales and marketing opportunities freely available to your business.

Learn how to raise your profile on the web and make new contacts easily and effectively.

Members £20 in VAT Non Members £25 inc VAT

Please return this slip with your remittance to:: Lisa Bates
St Albans District Chamber of Commerce, Suite 19 Stanta Business Centre,
3 Soothouse Spring, St Albans AL3 6PF. Tel: 01727 863054. Fax: 01727 851200

Name Company

Tel No E-mail

(Guests) Name Company E-mail

1)

2)

I enclose a cheque for £

Please refer to our Terms of Business on the Chamber website at www.stalbans-chamber.co.uk
A delegate list will be circulated the day before the event. In order to comply with data protection, please tick this box to confirm that you agree to have your contact details circulated.

BMSEP09